



Karen Dale
Coach Bio
FirstGen Ahead

Why I am Serving as a FirstGen Ahead Coach:

- I am a second-generation graduate but work with a diversity of first-generation graduate students and really appreciate the experiences and knowledge that they bring.
- I tell my students when their skills, passions, values, and authentic self, come together you will be successful and more importantly happy. It is a privilege to accompany them on their journey to bring this all together.

Sample Experience as a Mentor/Coach:

- For the last 12 years I have worked as a Faculty Field Advisor at Boston College School of Social work were most of my students are placed in Boston Public Schools.
- I mentored for a summer a pre-med student from my own college. With her own Hawaiian heritage, we explored how this fit into medicine and other allied health fields.

Sample Work Experience:

- As a clinical social worker, I have worked in the field of protective services, at a community health center, outpatient clinic, youth guidance center and in Boston Public Schools.
- Currently I work in higher education specializing in clinical services to children, youth and families in inner city schools.

Industries/Sectors/Domains with Experience:

- Higher Education
- Mental Health Services in Public Schools
- Medical and Allied Health Fields

Three Fun Facts About Me:

- My daughter is a veterinarian, my son is an emergency physician, my father-in-law was a psychiatrist, and my brother is a cancer specialist, so I have lots of exposure to healthcare on a personal level without being sick.
- I row at Community Rowing a few times a week trying to get better but really, I just enjoy being part of a boat of people.
- I have a 7-month-old puppy named Ziggy who is in adolescents and I am learning to be a puppy parent.